

Department of Kansas VFW Auxiliary Hospital Program

Kelle Brewer-Brown, Chairman – May 2024



\$2,170.42 still
needed to
meet budget!
Please help.

Noteworthy.....

DEPARTMENT HOSPITAL GENERAL FUND donations, per member average by District:

FY 2023/24 Hospital budget \$14,495.00 ÷ 10,025 members = \$ 1.445 per member

District 1 - \$1456.67 ÷ 851 = \$1.711 per member	District 2 - \$ 500.00 ÷ 752 = \$.664 per member
District 3 - \$515.00 ÷ 1358 = \$.379 per member	District 4 - \$7264.97 ÷ 2007 = \$3.619 per member
District 5 - \$514.67 ÷ 1238 = \$.415 per member	District 6 - \$1450.00 ÷ 1286 = \$1.127 per member
District 7 - \$623.26 ÷ 952 = \$.654 per member	M-A-L - \$ 0.00 ÷ 1547 = \$.00 per member

Department per member average: 12,324.57 ÷ 9991 = 1.2335

Congratulations Districts One, Two, Three, Four for 100% reporting/participation for the 2nd reporting period. Department is only six (6) Auxiliaries shy of being 100% reporting/participation for the 2nd reporting period.

HOSPITAL WORKSHOP 5pm- Department Convention - Topeka, KS – June 7-9, 2024 – HOTEL TOPEKA

Did you know ?? There is an app that allows any veteran who is at-risk for suicide to personalize a step-by-step safety action plan to keep them safe during a crisis. It is customizable and provides access to coping tools, self-assessment measures, and crisis support resources. The Safety Plan app was developed by the National Center for PTSD Mobile Mental Health program with input from the Office and Mental Health and Suicide Prevention. The app can be recommended to any Veteran who is at-risk for suicide. The goal of this app is provide Veterans with another option to access their Safety Plan. The app can be downloaded from App Store www.apple.com/app-store or from Google Play play.google.com/google-play/apps

Which non-traditional holidays will you Celebrate with our hospitalized veterans ?

See upcoming events below or find more observances at: vfwauxks.org or www.holidays.calendar

May 2024

National Military Month

01- Loyalty Day/May Day/Law Day

06 – Free Comic Book Day

06-National Nurses Day

06-National Melanoma Monday

10- Military Spouse Appreciation Day

12 Mother's Day

12-18 – National Hospital Week

15-Womens Army Corps formed (1942)

18- Armed Forces Day

27- Memorial Day

29- National Senior Health & Fitness Day

June 2024

Alzheimer's & Brain Awareness Month

Men's Health Month

02 – National Donut Day

14- Flag Day (1924)

14- U S Army formed (1775)

16- Fathers Day

18 – National Go Fishing Day

22- GI Bill signed into law (1944)

27- National PTSD Awareness Day

July 2024

Healthy Vision Month

UV Safety Month

01- Public Health Service Commissioned

Corps formed (PHSCC) 1944)

01 – Hop – a – Park Day

02-U.S. Army Air Corps formed (1926)

04- Independence Day

15 – Toss away the 'could haves' and 'should haves' day

16 – National Ice Cream Day

28- National Buffalo Soldier Day

22- Be An Angel Day

31-International Overdose Awareness Day

Women Veterans Day June 12, 2024.



Women Veterans Day, also known as Women Veterans Recognition, commemorates the signing of the Women's Armed Services Integration Act by President Harry S. Truman on June 12, 1948. This groundbreaking legislation allowed women to serve in the regular and reserve force during peacetime, expanding their roles beyond nursing. According to the VA, there are currently almost two-million women veterans in the United States, Puerto Rico, and Territories/Foreign. Let us honor and express our gratitude to the brave women who have served and continue to serve in our armed forces.

National Therapeutic Recreation Week July 7-13, 2024



Celebrated in the United States every second week of July. It was begun in the year 1984 by the National Therapeutic Recreation Society to show the importance of activities that support the recovery process for various forms of disabilities.

Department of Veterans Affairs Birthday July 21, 2024



The United States Department of Veterans Affairs is a Cabinet-level executive branch department of the federal government charged with providing lifelong healthcare services to eligible military veterans at the 170 VA medical centers and outpatient clinics located throughout the country. Non-healthcare benefits include disability compensation, vocational rehabilitation, education assistance, home loans, and life insurance. The VA also provides burial and memorial benefits to eligible veterans and family members at 135 national cemeteries.

National Veterans Wheelchair Games: New Orleans, Louisiana July 25 – 30 , 2024.



The National Veterans Wheelchair Games is the world's largest annual wheelchair sports and rehabilitation event solely for military veterans. The Department of Veterans Affairs launched the Wheelchair Games in 1981 with 7 events and 77 athletes. Paralyzed Veterans of America joined the VA in 1985 to help expand the event's mission and reach. The Wheelchair Games has flourished as more VA therapists turn to adaptive sports to help veterans become more active in their lives and communities – and, in some cases, reach higher levels of national and national competition. Sponsored by U.S. Dept of Veterans Affairs and Paralyzed Veterans of America.

Happiness Happen Day August 8, 2024



Happiness Happens Month is celebrated annually in August. It is dedicated to celebrating things that make you happy. It's a known fact that happiness is contagious and sharing your happiness can bring a smile to someone's face. The month reminds us that happiness can be found in even little things that we might not notice and that spreading the same joy amongst others can help make the world a better place. Five amazing ways to choose happiness:

- 1) **Gratitude** Expressing gratitude leads to an overall optimistic attitude.
- 2) **Volunteer** Giving of your time to help others has been shown to decrease feelings of depression and improve optimism and a sense of worth.
- 3) **Give** We've all heard the phrase: it is better to give than to receive — yes, giving is another action that leads to happiness and benefits the giver as much, if not more, than the receiver.
- 4) **Encourage** Lifting others up brings about a reciprocal effect — put out positive thoughts and feelings and this is what you will likely receive in return.
- 5) **Reminisce** Spend some time looking at old photos, flipping through high school yearbooks, or reading old letters and you will find feelings of happiness overflowing as you stroll down memory lane.

National Veterans Golden Age Games: Salt Lake City, Utah August 24th . – 29th, 2024



Founded in 1985, the National Veterans Golden Age Games serves Veterans ages 55 and older. Through its "Fitness for Life" motto, the Golden Age Games offers sports competitions and health education sessions to demonstrate the value that sports, wellness and fitness provide to assist senior Veterans live and active and healthy lifestyle. Sponsored by U.S. Dept of Veterans Affairs.

Nobody is perfect. We all make mistakes. We say wrong things, we do wrong things. We fall, we get up. We learn, we grow. We move on, we live. And we thank God for always giving us another chance.