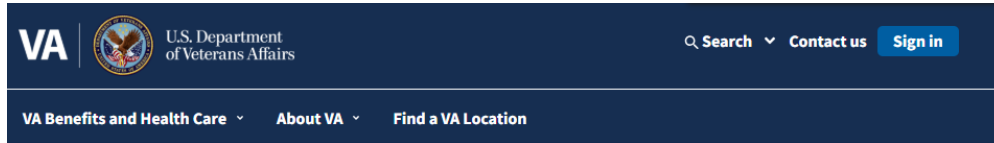


PTSD AWARENESS

KS VFW Auxiliary President David Huddleston and KS VFW Commander Charlie Cravens Joint Project

Posttraumatic stress disorder (PTSD) is a mental health problem. PTSD can only develop after you go through or see a life-threatening event. It's normal to have stress reactions to these types of events, and most people start to feel better after a few weeks. If symptoms last longer than a month and are causing problems in your life, it could be PTSD. To learn about PTSD symptoms and treatments to help you recover visit: www.ptsd.va.gov

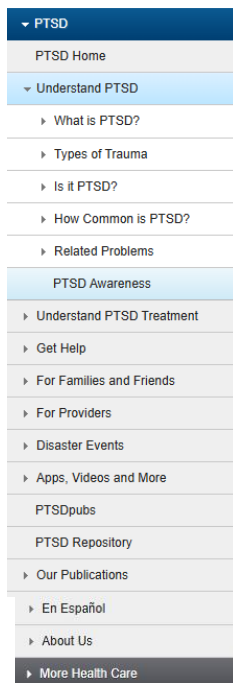


Available Electronic Publications:



More Electronic Publications on website.

PTSD: National Center for PTSD



Help Raise PTSD Awareness

There are currently about 12 million people in the United States with PTSD.

Even though PTSD treatments work, most people who have PTSD don't get the help they need. **Help us spread the word that effective PTSD treatments are available.** Everyone with PTSD—whether they are Veterans or civilians who experienced sexual assault, serious accidents, natural disasters, or other traumatic events—needs to know that treatments really do work and can lead to a better quality of life.

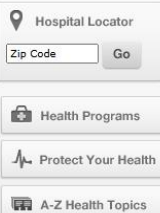
Join Us

Help raise awareness about PTSD symptoms and the many different PTSD treatment options.

Take a PTSD Self-Screen

Answer [5 questions](#) about your symptoms using our online self-screen and learn how [PTSD screening](#) can help you learn if your symptoms might be PTSD.

QUICK LINKS



YOU MAY ALSO BE INTERESTED IN



PTSD Bytes Podcast

Listen to "bite-sized" episodes with supportive tips, tools and practices.



AboutFace

Hear from Veterans who have turned their lives around with PTSD treatment.



PTSD Coach

Learn about and manage PTSD symptoms.



PTSD Information Voice Mail: (802) 296-6300
Email: ncptsd@va.gov
Also see: [VA Mental Health](#)



2025 PTSD 2026
AWARENESS
Joint Project VFW & Auxiliary Department of KS
You Are Not Alone... Dial 988



T-Shirt Fundraiser ALL proceeds will benefit PTSD Awareness Department of KS Joint Project 25-26
Online Orders Only will be available by Department School of Instruction in Arkansas City, KS
August 22-24, 2025

Short Sleeve \$25-30-Long Sleeve \$28-30 T-Shirts
Hoodie \$32-37

<https://ashleys-graphics.printavo.com/merch/ptsd-awareness>

Contact David Huddleston for more Information

620-376-8726 – djh.service15@gmail.com

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QTY	Short Sleeve T-shirt Size (S-5XL)	PRICE	AMOUNT
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TOTAL			

QTY	Hoodie Size (S-5XL)	PRICE	AMOUNT
TOTAL			

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