

VETERANS RESOURCES



Accessing VA Healthcare:

www.va.gov/resources

www.1010ez.med.va.gov/sec/vha/1010ez/ - Enrollment Form

Dealing with Stress or PTSD Issues:

www.ncptsd.va.gov - Returning from the War Zone: Guide for Families;

www.pdhealth.mil - Links to BattleMind

www.cdc.gov - Job Stress

www.ptsdusa.org - Post Traumatic Stress Disorder

Dealing with Anger and Irritability:

www.usuhs.mil - Courage to Care

www.ndvh.org - National Domestic Violence Hotline

www.ncptsd.va.gov/ncmain/ncdocs - Anger and Trauma

www.militaryonesource.com - Combat Stress Resources for Military Families

Health Promotion and Disease Prevention:

www.prevention.va.gov - Health Information for Veterans

www.myhealthvet.va.gov - Health Education

www.publichealth.va.gov/smoking - Smoking Cessation

www.caregiver.va.gov - Caregiver Support

Help with Depression, Drinking, Drug Use and Suicide Prevention:

www.mentalhealth.va.gov - Mental Health Info and How to Access Services

www.niaaa.nih.gov FAQ's and Handouts about Alcohol

www.nida.nih.gov - Drug Abuse and Addiction Basic Facts

www.suicidepreventionlifeline.org - VA National Suicide Prevention Hotline

www.militaryfamily.org - Family retreats, kids camps

Post-Deployment Help 24-7:

1-800-342-9647

Education (GI Bill):

1-888-442-4551

Health Care Benefits:

1-877-222-8387

VA Depleted Uranium

Follow-up Program:

1-800-815-7533

National Domestic Violence

Hotline:

1-800-799-SAFE (7233)

VA Suicide Prevention Hotline:

1-800-273-TALK (8255)

Alcohol and Drug Treatment

Center Referral:

1-800-821-4357

National Institute of Mental

Health Information Center:

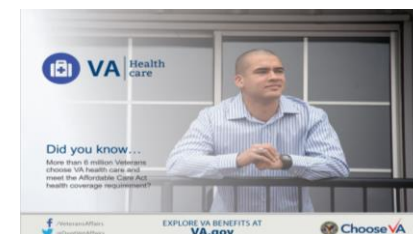
1-866-615-6464

Vet Jobs:

1-877-Vet.Jobs (838-5627)

VA Caregivers Support:

1-855-260-3274



A Telephone-Friendly Visitor Program!

"Our mission is to ensure Veterans receive the right care, in the right place, at the right time, and to make the home, whenever appropriate, into the preferred place of care."

THE PROGRAM

- Visit with a Veteran over the phone, tablet, or computer.
- Matches trained volunteers with Veterans for 1:1 socialization and support.

THE VISIT

Veteran has a friendly visitor to share his or her stories. Volunteer has one-on-one interaction with one of our nation's heroes.

Caregiver may be provided respite on a regular basis.



Connected Care Programs

The Office of Connected Care brings VA digital technology to Veterans and health care professionals, extending access to care beyond the traditional office visit. Through virtual technology, VA is able to deliver care to patients where and when they want it.

Become an active participant in your own health care.

The mobile app allows Veterans to self-prescriptions, manage their care teams and access their personal health records online.

Learn more >



VA mobile: Access dozens of apps for Veterans, Caregivers and VA Staff.

