

KANSAS VFW AUXILIARY - 2026-2027 HOSPITAL PROGRAM

OPERATION: Sparkle 250

Mission: Reach for the Stars...and Leave a little Sparkle Wherever You Go !

Adding Sparkle and joy isn't always about big gestures or expensive treats. Sometimes, it's just about giving of yourself by being a little weirder, a little sillier, and a whole lot more you.

A few project ideas: Things That Make Life Sparkle

Embrace the Whimsy – Turn the ordinary into something magical; sprinkle edible glitter on cupcakes; glitter tattoos;

Monetary Donations – Make a donation to the VFW Auxiliary Hospital General Fund.

Connect with Nature – Take short walks & photograph nature; plant flowers/vegetables; stargaze;

Contests – most squeezes of a stress ball; live trivia 'game show'; Hold silly contests for even sillier prizes;

⇕ These two can easily be paired together....

Celebrate Small Wins – Celebrate birthdays; end of a sports season; award for most stress ball squeezes;

Treats - soap shaped like a duck; fun shaped ice cubes; \$1 mystery box; a piece of fancy chocolate;

Keep 'Em Curious - Learn one new fact or word every day; try a new drink like bubble tea; watch a funny video;

Special Occasions - Plan themed activities for whatever day you pick. See Holidays and Observances calendar for ideas.

Create Traditions - Sunday evening hot chocolate; watch one cheesy feel-good film a month;

⇕ These two can easily be paired together....

Add Playful Rituals – Play favorite childhood games; dance/swing/sway to retro music every Wednesday;

Give & Glow – Enter the VFW Auxiliary Give & Glow Challenge.

By weaving these small, joyful activities into the lives of our hospitalized veterans, we will create moments that feel special, spark happiness, and make everyday life sparkle.



OPERATION: Sparkle 250 CHALLENGE

Deadline for submissions March 31, 2027.

Hold a Paper Towel Art, Glitter Pom Pom Art, or Other Sparkly Art project for veterans in a medical facility.

Report the project under **OPERATION : Sparkle 250**. Describe the details of the project. Include how many veterans participated (if known) and if awards were given. Please, 2 picture limit.