

Don't Lose Our Legislative Momentum This Holiday Season

2025-2026 Legislative Ambassador Amy Jo Lett

It has been a successful year, and following National President Lois Callahan's lead, we continue **keeping the wave of gratitude moving forward for our veterans and their families.**

Now, as we enter the hustle and bustle of the holiday season with family gatherings, travel, year-end stress and a whole lot of Christmas cookies, it can be easy to hit "pause" on our legislative work. But friends, this is the exact moment when our voice must stay strong. Remember:

- ❖ Congress doesn't slow down for the holidays.
- ❖ Veterans' needs don't take a break.
- ❖ And our advocacy cannot take one either.

This season of gratitude gives us a powerful platform to remind lawmakers that "Honoring the Contract" with our veterans is not seasonal, it's constant.

Here is just one example of why our momentum matters now more than ever: many veterans are still being prescribed powerful psychiatric drug combinations without clear written information about risks, side effects or safer alternatives. The Senate Committee on Veterans' Affairs held a hearing to examine VA medication management for which the VFW submitted testimony. They went on record to convey to Congress how serious this problem has become. Two House bills have been introduced that would provide real protection. [H.R.4837, Written Informed Consent Act](#), would require written informed consent before VA prescribes certain psychiatric medications; and [H.R.2623, Innovative Therapies Centers of Excellence Act of 2025](#), would expand access to innovative PTSD treatments to reduce reliance on heavy medication.

To succeed, keep in mind:

- ❖ Every Action Corps click...
- ❖ Every share...
- ❖ Every email...
- ❖ Every conversation.....is part of the pressure we MUST keep applying.

If we lose momentum now, we risk losing ground we've fought hard to gain.

Small Actions Keep the Wave Moving

Even during the busiest time of year, meaningful advocacy is still within reach. Steps you can take include:

- ❖ Emailing your legislator a quick "thank you + reminder"
- ❖ Encourage **two new** Action Corps sign-ups (yes, find two!)
- ❖ Post a #GratitudeAttitude message tied to current VFW-supported legislation
- ❖ Read the latest Action Corps Weekly and spread the key points

These quick touches keep our messaging alive, aligned and impactful.

Here's **our new challenge** as Advocacy Amplifiers:

Find Two

Act on all Action Alerts; **find two** people who haven't yet taken action and help. The two can include:

- ❖ Two friends
- ❖ Two Auxiliary members
- ❖ Two family members
- ❖ Two coworkers
- ❖ Two people who would stand up for veterans if someone simply asked

You + Two = Powerful, Amplified Advocacy

Let's give veterans the gift of a louder voice. When each of us recruits just two more advocates, our message grows aggressively. That is how we amplify the VFW's voice. That is how we make sure Congress hears us clearly through the holiday noise.

The holidays remind us to be grateful, so let's show that gratitude through action. Veterans and their families deserve to know that while others slow down, we do not stop "Amplifying the Honor of the Contract Advocacy" for them.

Let's close out 2025 strong and let's enter 2026 even stronger.

Remember, go find your two!